

UNSHAKEABLE

Strong Faith Builds
Strong Families



Family Study Guide

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Unshakeable Foundation

Theme: *If the foundation cracks, the family crumbles – but to build a firm foundation, you’ve got to have a plan.*

Key Scripture:

“Everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock... but everyone who hears these words and does not put them into practice is like a foolish man who built his house on sand.”

— *Matthew 7:24–27*

Big Idea:

You don’t build an unshakeable family by accident. You build it by **putting God’s Word into practice—together**.

Four Building Blocks of an Unshakeable Family:

1. **Choose God First** – Make time with God your top priority.
 2. **Build Family Faith** – Create simple, consistent ways to grow spiritually together.
 3. **Speak Life** – Use words that encourage, bless, and reflect God’s heart.
 4. **Do it Together** – Build shared rhythms (meals, prayer, games, service) that strengthen your bond.
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Family Discussion Questions:

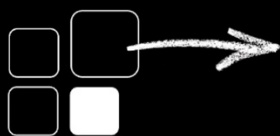
- What does it look like for our family to put God first?
 - Which of the four building blocks is strongest in our home? Which needs more attention?
 - What’s one thing we can do *together* this week to grow closer to God and each other?
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 Application Ideas:

- **Pick one of the four blocks** to focus on this week. Choose a small action step for it (e.g., family dinner with prayer, morning verse, daily encouragement notes).
 *Suggested verse: Joshua 24:15 — “As for me and my house, we will serve the Lord.”*
 - **Draw your own “foundation chart”** like the one in the sermon slide. Fill in how your family is living each block.
 - **Post Matthew 7:24–27** somewhere visible. Read it aloud during a meal and talk about what it means.
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 Family Prayer:

Jesus, we want to build something that lasts. Help us put You first, grow in faith together, speak words of life, and stay united as a family. Build our home on the rock of Your Word.



DO IT TOGETHER

UNSHAKEABLE FOUNDATION

- ✦ Leave notes
- ✦ Send text messages
- ✦ Daily scripture
- ✦ Board games
- ✦ Family projects
- ✦ Pray
- ✦ Eat dinner!



"Therefore everyone who hears these words of mine and puts them into practice is like a wise man who **built his house on the rock**. The rain came down, the streams rose, and the winds blew and beat against that house; yet it **did not fall**, because it had its foundation on the rock. But everyone who hears these words of mine and does not put them into practice is like a foolish man who **built his house on sand**. The rain came down, the streams rose, and the winds blew and beat against that house, and **it fell with a great crash**."

Matthew 7:24-27



Unshakeable Love

Theme: *Little things done in love make a big difference.*

 Key Scripture:

“Clothe yourselves with compassion, kindness, humility, gentleness, and patience... And over all these virtues put on love, which binds them all together in perfect unity.”
— *Colossians 3:12–14*

 Big Idea:

Unshakeable love means building our homes by reflecting the love of Christ.

 Little Things That Show Big Love:

1. **Compassion** – See a need *and* help.
 2. **Kindness** – Love in the little things.
 3. **Humility** – Choosing *your way, not mine*.
 4. **Gentleness** – Love at a *lower volume*.
 5. **Patience** – Making room for growth in others.
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 Family Discussion Questions:

- Which of these five is easiest for you to show? Which is hardest?
 - How does showing love in small ways affect the whole family?
 - Who do we think could use a little extra love this week?
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 Application Ideas:

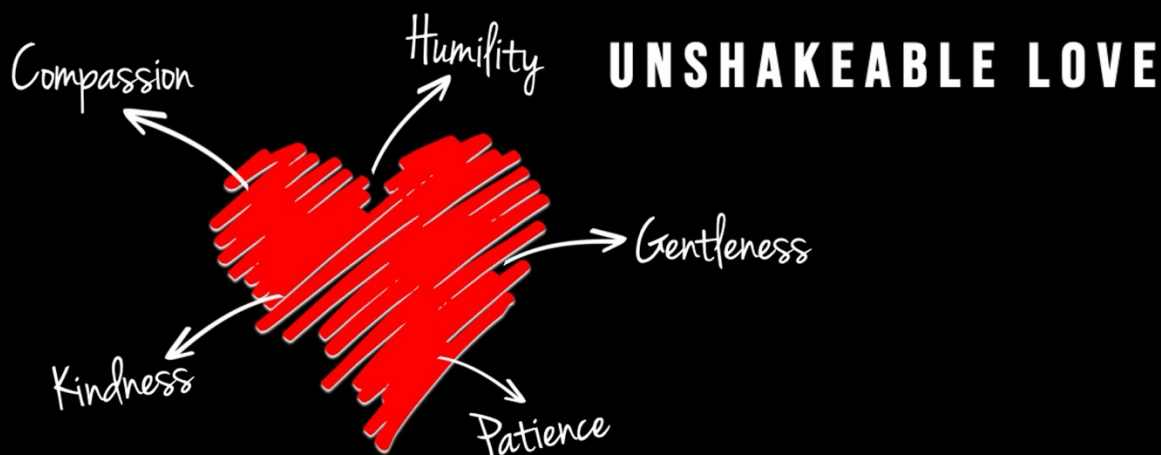
- **Practice “1 a Day” Love** – Each person commits to one act of compassion, kindness, or patience daily.

 Suggested verse: *1 Corinthians 13:4* — “Love is patient, love is kind...”

- **Create a “Big Love Wall”** – Write notes to each other when someone shows love in a little way.
 *1 John 3:18 — “Let us not love with words or speech but with actions and in truth.”*
 - **Talk about forgiveness** – Discuss Colossians 3:13 and ask: *Is there anyone I need to forgive this week?*
 *Colossians 3:13 — “Forgive as the Lord forgave you.”*
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 Family Prayer:

God, thank You for loving us first. Help us show Your love in small, consistent ways. Teach us to be kind when it’s inconvenient, patient when it’s hard, and gentle when it counts. Let our family be held together by love.



"Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with **compassion, kindness, humility, gentleness** and **patience**. Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you. And over all these virtues put on love, which **binds them all together** in perfect unity."

Colossians 3:12-14

*Little Things. **Big** Love*

Compassion - See a need **and** help

Kindness - Love in the **little** things

Humility - **Your** way, not mine

Gentleness - Love at a **lower volume**

Patience - Making room for **growth**

→ What can I do **today**?

 Unshakeable Parenting

Theme: *Growing disciples of Jesus, one child at a time..*

 Key Scripture:

“Hear, O Israel: The Lord our God, the Lord is one. Love the Lord your God with all your heart and with all your soul and with all your strength. These commandments that I give you today are to be on your hearts. Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up. Tie them as symbols on your hands and bind them on your foreheads. Write them on the doorframes of your houses and on your gates.”

— *Deuteronomy 6:4-9*

 Big Idea:

“The most important influence on a child’s development isn’t just parenting—it’s the world they grow up in.”

 Four Keys to Unshakeable Parenting:

1. **Prayer**– Talking to God *together*.
 2. **Discipline** – Preparation, not punishment.
 3. **Truth** – Letting God’s Word lead our lives.
 4. **Character** – Everywhere and always.
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 Family Discussion Questions:

- Parents: What are we modeling most clearly in our home?
 - Kids: What’s something you’ve learned about God from your family?
 - How can we encourage each other to follow Jesus better?
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 Application Ideas:

- **Pick a “core value” verse** as a family and write it somewhere visible.
 *Deuteronomy 6:6–7 — “Impress [these commands] on your children...”*
 - **Have a 1-on-1 “heart talk”** this week with each child to check in spiritually and emotionally.
 *Ephesians 6:4 — “Bring them up in the training and instruction of the Lord.”*
 - **Create a simple weekly rhythm:** Family devo night, prayer at bedtime, or a “Sunday huddle.”
 *Psalms 78:4 — “We will tell the next generation the praiseworthy deeds of the Lord.”*
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 Family Prayer:

Lord, give us wisdom, patience, and purpose as we lead our kids. Help us raise them with love, consistency, and a clear picture of who You are. May our home reflect Your truth and grace.



"Hear, O Israel: The Lord our God, the Lord is one. Love the Lord your God with all your heart and with all your soul and with all your strength. These commandments that I give you today are to be on your hearts. Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up. Tie them as symbols on your hands and bind them on your foreheads. Write them on the door frames of your houses and on your gates."

Deuteronomy 6:4-9



Prayer – Talking to God **together**

Discipline – **Preparation**, not punishment

Truth – Letting God's Word **lead**

Character – **Everywhere**, and **Always**

WHAT AM I AIMING FOR? ➡➡



Unshakeable Peace

Theme: *Unshakeable peace is stillness of heart in the chaos of life.*



Key Scripture:

“Peace I leave with you; My peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.”

— *John 14:27*



Big Idea:

Unshakeable peace doesn't mean a trouble-free life—it means choosing to trust God deeply in the middle of the chaos. Peace is not the absence of trouble, but the presence of Christ.



Exchanges We Need to Make for Peace:

1. **Busyness** → **Stillness**
 2. **Lies** → **Truth**
 3. **Control** → **Surrender**
 4. **Panic** → **Prayer**
 5. **Fear** → **Faith**
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Family Discussion Questions:

- Which of those five exchanges is hardest for you right now?
 - How can we create more stillness in our home this week?
 - What does it look like to choose faith when fear shows up?
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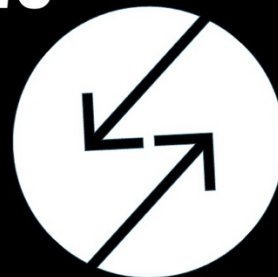
 Application Ideas:

- **Practice stillness together:** take 5 quiet minutes with no screens, no music—just breathe and pray.
 *Psalm 46:10 — “Be still, and know that I am God.”*
 - **Choose one lie to replace with God’s truth:** write a truth from Scripture on a sticky note or mirror.
 *Isaiah 26:3 — “You will keep in perfect peace those whose minds are steadfast...”*
 - **Turn panic into prayer:** when someone gets overwhelmed this week, stop and pray together in the moment.
 *1 Peter 5:7 — “Cast all your anxiety on Him because He cares for you.”*
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 Family Prayer:

Jesus, You are our peace. Help us trade our busyness, fear, and control for stillness, trust, and prayer. Fill our hearts with Your presence, and help our home be a place of peace this week.

UNSHAKEABLE PEACE GROWS WHEN WE **EXCHANGE** OUR PERSPECTIVE FOR HIS PROMISES



UNSHAKEABLE PEACE

"Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not **let** your hearts be troubled and do not **be** afraid."

John 14:27

*the great **exchange***

Busyness

Lies

Control ⇌

Panic

Fear

Stillness

Truth

Surrender

Prayer

Faith

Psalms 46:10

Psalms 119:160

James 4:7

1 Peter 5:7

Psalms 34:4

AM I WILLING TO **GIVE IT UP?**

Unshakeable Security

Theme: *Unshakeable security is built through strategic investments.*

Key Scripture:

“You are a mist that appears for a little while and then vanishes... Instead, you ought to say, ‘If it is the Lord’s will, we will live and do this or that.’”

— *James 4:14–15*

“Everything comes from You, and we have given You only what comes from Your hand.”

— *1 Chronicles 29:14*

“Each of you should use whatever gift you have received to serve others.”

— *1 Peter 4:10*

Big Idea:

We don't build unshakeable security by holding on tighter—but by surrendering more. God calls us to invest our time, talent, and treasure in things that last.

Three Strategic Investments:

1. **Time** – Life is short. Are we investing our time with eternity in mind?
 2. **Talent** – Our gifts are given to serve others, not *just* benefit ourselves.
 3. **Treasure** – All we have belongs to God, and how we give reflects what we trust.
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Family Discussion Questions:

- Are we using our time for things that really matter—or just what’s urgent?
 - How can we use our gifts (as individuals or a family) to serve someone this week?
 - What does it mean to surrender our money or stuff to God?
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 Application Ideas:

- **Create a “time budget”** for the week as a family. What could you cut to make space for what matters?
 *Suggested verse: Ephesians 5:15–16 — “Be very careful... making the most of every opportunity.”*
 - **Pick one way to serve** together this week using your family’s strengths.
 *Suggested verse: 1 Peter 4:10 — “Use whatever gift you have received to serve others.”*
 - **Talk about giving:** Choose a mission, family, or church cause to support this month—even in a small way.
 *Suggested verse: 2 Corinthians 9:7 — “God loves a cheerful giver.”*
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 Family Prayer:

Lord, help us trust You with everything—our time, our talents, and our treasure. Show us where we’re holding back, and teach us to invest in what lasts forever.

UNSHAKEABLE SECURITY IS BUILT THROUGH STRATEGIC INVESTMENTS



"You do not even know what will happen tomorrow. **What is your life?** You are a mist that appears for a little while **and then vanishes**. Instead, you ought to say, 'If it is the Lord's will, we will live and do this or that.'"

James 4:14-15



"You do not even know what will happen tomorrow. **What is your life?** You are a mist that appears for a little while **and then vanishes**. Instead, you ought to say, 'If it is the Lord's will, we will live and do this or that.'"

1 Peter 4:8-9



"**Everything comes from You**, and we have given You only **what comes from your hand**."

1 Chronicles 29:14

"We don't build
unshakeable security by
holding more—but by
surrendering more."



Unshakeable Priorities

Theme: *Give us a focused heart in a distracted world.*

Key Scripture:

“Love the Lord your God with all your heart and with all your soul and with all your mind.”

— *Matthew 22:37–38*

“These commandments... are to be on your hearts. Impress them on your children... write them on the doorframes of your houses.”

— *Deuteronomy 6:6,9*

“Each person should live as a believer in whatever situation the Lord has assigned...”

— *1 Corinthians 7:17*

Big Idea:

Unshakeable priorities keep us focused when life pulls us in too many directions. God calls us to order our lives around what matters most—not what demands the most.

Four Guiding Priorities:

1. **God First** – Our relationship with God is the source of all strength and direction.
 2. **Family Second** – Home is our first mission field. Love and disciple your family intentionally.
 3. **Work Third** – Work hard with integrity and purpose, but don’t let it take God’s or your family’s place.
 4. **Everything Else** – Life will try to pull you in every direction—but you can’t give what you don’t have.
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Family Discussion Questions:

- What are some ways we show God is our first priority?
- How do we keep family relationships strong when life gets busy?
- Are there “good” things in our lives that are getting too much of our attention?

- What would it look like to reorder our week around what matters most?
-

Application Ideas:

- Start each morning (or evening) this week with a **family prayer or verse** to refocus.
 *Suggested verse: Matthew 6:33 — “Seek first His kingdom and His righteousness...”*
 - As a family, **identify one distraction** you will limit for the next 7 days.
 Talk about how it helps you create space for what matters most.
 - Make a “family priority plan”—list your top 3 commitments and check if they reflect God’s order.
 *Suggested verse: Psalm 90:12 — “Teach us to number our days, that we may gain a heart of wisdom.”*
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Family Prayer:

- *God, help us focus on You first. In a world full of distractions, show us what matters most and give us the courage to live it out. Guide our home, our time, and our hearts. Amen.*

UNSHAKEABLE PRIORITIES:

Give us a **focused heart** in a distracted world

God



"'Love the Lord your God with **all your heart** and with **all your soul** and with **all your mind**.' This is the first and greatest commandment."

Matthew 22:37-38

Family



"These commandments that I give you today are to be on your hearts. Impress them **on your children**... write them on the **doorframes of your houses** and **on your gates**."

Deuteronomy 6:6, 9

Job



"Nevertheless, each person should live as a believer in whatever **situation** the Lord has assigned to them, just as God has called them."

1 Corinthians 7:17



It's ok!

UNSHAKEABLE PRIORITIES
ANSWER THE QUESTION:
what matters *most*?

Unshakeable Strength

Theme: *Relying on God's strength to endure what He allows.*

 Key Scripture:

“I have learned to be content whatever the circumstances... I can do all this through Him who gives me strength.”

— *Philippians 4:11–13*

 Big Idea:

Unshakeable strength is about Jesus—**it's not about us!** God doesn't bless the path we're on; He directs us to the path of His blessing.

 Three Shifts That Build Strength:

1. **Savior > Self**

“Apart from Me, you can do nothing.” (John 15:5)

➤ Strength begins with **staying connected to Jesus**—not trying to handle life alone.

2. **Surrender > Control**

“Whoever wants to be My disciple must deny themselves...” (Matthew 16:24–25)

➤ We gain strength when we stop trying to control everything and start trusting God with everything.

3. **Community > Independence**

“Two are better than one... If either falls, the other can help them up.” (Ecclesiastes 4:9–10)

➤ We are stronger **together**—lean on your people and lift someone else up.

 Family Discussion Questions:

- When do you feel the weakest or most overwhelmed?
- What does it look like to “surrender control” to Jesus in real life?
- Who might need us to help them this week—and who might help us?

 Application Ideas:

- **Create a “Strength Plan” as a family:**
 1. **Draw Near to Jesus** – Start your day by connecting with Christ through prayer, Scripture, or worship.
 2. **Release What You Can’t Control** – Each person shares one thing they’re holding tightly—and prays to surrender it to God.
 3. **Lean In and Lift Up** – Choose one person to encourage this week—or ask for support if you need it.
 *Suggested verse: Isaiah 40:29 — “He gives strength to the weary...”*
 - **Do a “strength check-in”** each evening: What challenged you today? Where did you rely on God’s strength?
 *2 Corinthians 12:9 — “My grace is sufficient for you, for My power is made perfect in weakness.”*
 - **Memorize Philippians 4:13** as a family and say it aloud when facing challenges.
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 Family Prayer:

God, thank You for being our strength when we are weak. Help us stay connected to You, surrender what we can’t control, and lean into the people You’ve placed around us. Make us strong in You, together.

UNSHAKEABLE STRENGTH:

Relying on God's strength to
endure what He **allows**

"I have learned to be content whatever the circumstances. I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content **in any and every situation**, "whether well fed or hungry, whether living in plenty or in want. I can do all this through him who gives me strength."

Philippians 4:11-13

SAVIOR

self

"I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing."

John 15:5

SURRENDER

control

"Whoever wants to be my disciple must deny themselves and take up their cross and follow me. For whoever wants to save their life will lose it, but whoever loses their life for me will find it."

Matthew 16:24-25

COMMUNITY

independence

"Two are better than one, because they have a good return for their labor: If either of them falls down, one can help the other up. But pity anyone who falls and has no one to help them up."

Ecclesiastes 4:9-10



Unshakeable Legacy

Theme: *Making an impact that endures.*

 Key Scripture:

“A good person leaves an inheritance for their children’s children...”
— *Proverbs 13:22*

“The weight of our actions will carry far into the future—long beyond the markers of our final days.”

 Big Idea:

Legacy isn’t just what we leave *behind*—it’s what we build *into* others now. We’re not just raising kids or building homes—we’re shaping faith for generations.

 Four Legacy Shifts:

1. **Legacy > Blessings**
Build something greater than money—leave faith, wisdom, and love.
 *Proverbs 13:22*
 2. **Tomorrow > Today**
Live with eternity in mind. What’s unseen will outlast what’s urgent.
 *2 Corinthians 4:18*
 3. **Investment > Expense**
Every decision is a deposit into someone’s spiritual future.
 *Luke 16:10*
 4. **Meaning > Motion**
Don’t just stay busy—live on purpose.
 *1 Corinthians 10:31*
-

 Family Discussion Questions:

- What kind of legacy are we building together?
- What are we doing today that our kids—or others—will remember?
- Are we focused more on what matters right now, or what will last?

 Application Ideas:

- **Create a “Legacy List”:** Each person writes one thing they want to be remembered for and shares it.
 *Psalm 78:4 — “We will tell the next generation the praiseworthy deeds of the Lord...”*
 - **Practice legacy living:** Choose one intentional act this week that builds faith into someone else.
 *Galatians 6:9 — “Let us not grow weary in doing good...”*
 - **Identify a family value** you want to pass down—then live it out together.
 *Deuteronomy 6:6–7 — “Impress [these commands] on your children...”*
-

 Family Prayer:

God, help us live today with eternity in mind. Teach us to invest in what matters most and leave behind a legacy that honors You. Let our lives tell a story of faith, love, and purpose.

UNSHAKEABLE LEGACY: *MAKING AN IMPACT THAT **ENDURES***

LEGACY: "The long-lasting **impact** of particular events, actions, etc. that took place in the past, or of a person's life."

Legacy > Blessings

Proverbs 13:22

"A good person leaves an inheritance for their children's children..."

Tomorrow > Today

2 Corinthians 4:18

"So we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal."

Investment > Expense

Luke 16:10

"Whoever can be trusted with very little can also be trusted with much, and whoever is dishonest with very little will also be dishonest with much."

Meaning > Motion

1 Corinthians 10:31

"So whether you eat or drink or whatever you do, do it all for the glory of God."

"The weight of our actions will carry far into the future – long beyond the markers of our final days."



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"Discipling families to passionately follow Jesus."